

# FSC 2026: Session: 3: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Campenhout Sigrid

Coaches: De Weerd Koen

Coaches: De Herdt Els HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

|   |             |   |
|---|-------------|---|
| <b>Event number: 16: 50M BUTTERFLY WOMEN</b>    |             | <b>Heat:3, starttime: 10:27</b>                           |
| <b>Heat: 3/7 Lane : 7 Athlete: JACOBS LOTTE</b> |             | <b>Q-time: 00:30:56</b>                                   |
| PB (50m pool): 00:30.56 Wezenberg 01/02/2026    |             | PB (25m pool): 00:29.76 SB: 00:30.56 Wezenberg 01/02/2026 |
|   | <b>50 M</b> |   |
| PB  | 00:30.56    |   |
|   | 00:30.56    |   |
|   | . . . . .   |   |

Coach feedback:

|   |             |   |
|---|-------------|---|
| <b>Event number: 17: 50M BREASTSTROKE MEN</b> |             | <b>Heat:1, starttime: 10:32</b>                           |
| <b>Heat: 1/9 Lane : 8 Athlete: SLAETS CAZ</b> |             | <b>Q-time: 00:33:61</b>                                   |
| PB (50m pool): 00:33.61 Wezenberg 01/02/2026  |             | PB (25m pool): 00:33.67 SB: 00:33.61 Wezenberg 01/02/2026 |
|   | <b>50 M</b> |   |
| PB  | 00:33.61    |   |
|   | 00:33.61    |   |
|   | . . . . .   |   |

Coach feedback:

|  |             |   |
|--|-------------|---|
| <b>Event number: 19: 50M BACKSTROKE MEN</b>      |             | <b>Heat:1, starttime: 10:56</b>                           |
| <b>Heat: 1/9 Lane : 3 Athlete: DOOMEN MARNIX</b> |             | <b>Q-time: 00:30:75</b>                                   |
| PB (50m pool): 00:30.75 Wezenberg 01/02/2026     |             | PB (25m pool): 00:29.14 SB: 00:30.75 Wezenberg 01/02/2026 |
|  | <b>50 M</b> |   |
| PB   | 00:30.75    |   |
|  | 00:30.75    |   |
|  | . . . . .   |   |

Coach feedback: